

BURGER KING® Valori nutriționale și alergeni

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| Produse | Valori nutriționale | | | | | | | | | | Informații cu privire la alergeni | | | | | | | | | | | | | |
|---------|---------------------|-------------------------|---------------------------|-------------|----------------------|------------------------|-----------------|-----------|-----------|--------------|-----------------------------------|--------|-----------|------|-------|---------|------|---------------|-------|--------|-----------------|-----------------|----------------|-------|
| | Porție [G] | Valoare energetică [KJ] | Valoare energetică [KCAL] | Grăsimi [G] | Grăsimi saturate [G] | Grăsimi Nesaturate [G] | Carbhidrați [G] | Zahăr [G] | Fibre [G] | Proteine [G] | Sare [G] | Gluten | Crustacee | soia | pește | arabide | soia | lapte/lactate | alune | telina | mustar salbatic | semine de susan | dioxid de sulf | lupin |

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|---------|---------------------|-------------------------|---------------------------|-------------|----------------------|------------------------|-----------------|-----------|-----------|--------------|-----------------------------------|--------|-----------|------|-------|---------|------|---------------|-------|--------|-----------------|-----------------|----------------|-------|
| | Porție [G] | Valoare energetică [KJ] | Valoare energetică [KCAL] | Grăsimi [G] | Grăsimi saturate [G] | Grăsimi Nesaturate [G] | Carbhidrați [G] | Zahăr [G] | Fibre [G] | Proteine [G] | Sare [G] | gluten | Crustacee | soia | pește | arabide | soia | lapte/lactate | alune | telina | mustar salbatic | semine de susan | dioxid de sulf | lupin |

| | | | | | | | | | | | | | | | | | | | | | | | | | |
|------------------------------|-------|--------|--------|------|------|------|------|------|------|------|------|---|---|--|--|---|---|---|---|---|---|---|--|--|--|
| Burgeri | | | | | | | | | | | | | | | | | | | | | | | | | |
| Big King XXL | 362.0 | 4128.0 | 995.0 | 58.0 | 62.0 | 0.9 | 50.0 | 10.0 | 2.5 | 58.0 | 2.4 | x | x | | | x | x | | ? | x | x | | | | |
| Pentru 100 de grame | 100.0 | 1140.0 | 275.0 | 17.0 | 6.0 | 0.2 | 14.0 | 2.9 | 0.7 | 16.0 | 0.67 | | | | | x | x | | | | | | | | |
| Cheeseburger | 152.0 | 1693.0 | 407.0 | 21.0 | 9.4 | 0.2 | 31.0 | 6.0 | 1.6 | 24.0 | 1.7 | x | | | | x | x | | x | x | x | | | | |
| Pentru 100 de grame | 100.0 | 1112.0 | 267.0 | 14.0 | 6.2 | 0.1 | 20.0 | 3.9 | 1.1 | 17.0 | 1.1 | | | | | | | | | | | | | | |
| Tender Crispy | 240.0 | 2238.4 | 635.0 | 32.0 | 6.1 | 0.2 | 56.0 | 6.0 | 2.4 | 30.0 | 4.0 | x | x | | | x | ? | | x | ? | x | | | | |
| Pentru 100 de grame | 100.0 | 932.7 | 264.6 | 13.3 | 2.5 | 0.1 | 23.3 | 2.5 | 1.0 | 12.5 | 1.7 | | | | | | | | | | | | | | |
| Chicken Burger | 131.0 | 1571.0 | 377.0 | 20.0 | 4.0 | 0.2 | 40.0 | 3.9 | 1.8 | 10.0 | 1.7 | x | x | | | x | ? | | x | ? | x | | | | |
| Pentru 100 de grame | 100.0 | 1199.0 | 288.0 | 15.0 | 3.1 | 0.2 | 31.0 | 2.9 | 1.4 | 7.8 | 1.3 | | | | | | | | | | | | | | |
| Chicken Royale | 235.0 | 2763.0 | 662.0 | 36.0 | 8.4 | 0.5 | 54.0 | 4.8 | 2.0 | 29.0 | 4.2 | x | x | | | x | ? | | x | ? | x | | | | |
| Pentru 100 de grame | 100.0 | 1176.0 | 282.0 | 15.0 | 3.6 | 0.2 | 23.0 | 2.1 | 0.9 | 12.0 | 1.8 | | | | | | | | | | | | | | |
| Chili Cheese Burger | 114.0 | 1615.0 | 384.0 | 25.0 | 3.8 | 0.6 | 28.0 | 3.5 | 1.4 | 12.0 | 1.0 | x | x | | | x | x | | | | x | | | | |
| Pentru 100 de grame | 100.0 | 1417.0 | 337.0 | 22.0 | 3.3 | 0.5 | 25.0 | 3.1 | 1.2 | 11.0 | 0.89 | | | | | | | | | | | | | | |
| Crispy Chicken | 183.0 | 2034.0 | 489.0 | 29.0 | 5.0 | 0.3 | 39.0 | 4.0 | 2.1 | 18.0 | 2.3 | x | x | | | x | x | | x | ? | x | | | | |
| Pentru 100 de grame | 100.0 | 1111.0 | 267.0 | 16.0 | 2.7 | 0.2 | 21.0 | 2.2 | 1.2 | 9.6 | 1.2 | | | | | | | | | | | | | | |
| Chicken Nugget Burger | 145.0 | 1351.0 | 320.0 | 17.0 | 3.6 | 0.3 | 27.0 | 3.6 | 1.6 | 13.0 | 0.86 | x | x | | | x | x | | x | ? | x | | | | |
| Pentru 100 de grame | 100.0 | 932.0 | 221.0 | 12.0 | 2.5 | 0.2 | 19.0 | 2.4 | 1.1 | 9.3 | 0.60 | | | | | | | | | | | | | | |
| Double Cheeseburger | 162.0 | 1765.0 | 422.0 | 22.0 | 9.1 | 0.2 | 30.0 | 5.2 | 1.4 | 24.0 | 2.2 | x | | | | x | x | | x | x | x | | | | |
| Pentru 100 de grame | 100.0 | 1089.0 | 261.0 | 14.0 | 5.6 | 0.1 | 18.0 | 3.2 | 0.9 | 15.0 | 1.4 | | | | | | | | | | | | | | |
| Double Whopper | 378.0 | 3508.0 | 836.0 | 50.0 | 17.0 | 0.7 | 50.0 | 10.4 | 3.0 | 45.0 | 2.5 | x | | | | x | | | x | | | | | | |
| Pentru 100 de grame | 100.0 | 1181.0 | 281.0 | 17.0 | 0.2 | 0.2 | 17.0 | 3.5 | 1.0 | 15.0 | 0.83 | | | | | | | | | | | | | | |
| Hamburger | 108.0 | 1099.0 | 263.0 | 10.0 | 3.7 | 0.1 | 30.0 | 5.4 | 1.4 | 13.0 | 1.2 | x | | | | | | | x | x | x | | | | |
| Pentru 100 de grame | 100.0 | 1017.0 | 244.0 | 9.0 | 3.4 | 0.1 | 28.0 | 4.9 | 1.3 | 12.0 | 1.1 | | | | | | | | | | | | | | |
| Steakhouse | 254.0 | 2835.0 | 678.0 | 37.0 | 12.0 | 0.7 | 53.0 | 12.0 | 3.7 | 33.0 | 1.13 | x | x | | | | | | ? | x | ? | | | | |
| Pentru 100 de grame | 100.0 | 1116.0 | 267.0 | 15.0 | 4.6 | 0.3 | 21.0 | 4.8 | 1.5 | 13.0 | 0.82 | | | | | | | | | | | | | | |
| Triple Whopper | 459.0 | 4420.0 | 1056.0 | 66.0 | 25.0 | 0.9 | 50.0 | 10.0 | 2.9 | 64.0 | 2.7 | x | x | | | x | | | x | | x | | | | |
| Pentru 100 de grame | 100.0 | 963.0 | 230.0 | 14.0 | 5.4 | 0.2 | 11.0 | 2.3 | 0.7 | 14.0 | 0.58 | | | | | | | | | | | | | | |
| Whopper | 297.0 | 2596.0 | 617.0 | 34.0 | 9.6 | 0.5 | 50.0 | 10.0 | 3.0 | 27.0 | 2.3 | x | x | | | x | x | | x | | | | | | |
| Pentru 100 de grame | 100.0 | 874.0 | 208.0 | 11.0 | 3.2 | 0.2 | 17.0 | 3.5 | 1.0 | 9.1 | 0.8 | | | | | | | | | | | | | | |
| Whopper Junior | 152.0 | 1348.0 | 320.0 | 16.0 | 3.3 | 0.2 | 29.0 | 5.1 | 1.9 | 13.0 | 1.3 | x | x | | | x | | | ? | x | | | | | |
| Pentru 100 de grame | 100.0 | 887.0 | 210.0 | 11.0 | 2.2 | 0.2 | 19.0 | 3.3 | 1.3 | 8.4 | 0.83 | | | | | | | | | | | | | | |
| Whopper Bacon & Cheese | 329.0 | 3074.0 | 733.0 | 43.0 | 15.0 | 0.5 | 51.0 | 10.0 | 2.9 | 34.0 | 3.5 | x | x | | | x | x | | x | | | | | | |
| Pentru 100 de grame | 100.0 | 934.0 | 223.0 | 13.0 | 4.6 | 0.2 | 16.0 | 3.2 | 0.9 | 10.0 | 1.1 | | | | | | | | | | | | | | |
| Whopper Plant Based | 297.0 | 577.1 | 2415.7 | 29.0 | 4.9 | 0.0 | 55.1 | 10.0 | 11.3 | 23.7 | 2.9 | x | x | | | x | ? | | x | | x | | | | |
| Pentru 100 de grame | 100.0 | 199.0 | 833.0 | 10.0 | 1.7 | 0.0 | 19.0 | 3.2 | 3.9 | 8.2 | 1.0 | | | | | | | | | | | | | | |
| Chicken Wrap | 210.0 | 2499.0 | 599.0 | 34.0 | 6.5 | 0.0 | 52.0 | 2.8 | 0.0 | 18.0 | 2.5 | x | x | | | x | | | | | | | | | |
| Pentru 100 de grame | 100.0 | 1190.0 | 285.0 | 16.0 | 3.1 | 0.0 | 25.0 | 1.3 | 0.0 | 8.6 | 1.2 | | | | | | | | | | | | | | |
| Beef Wrap | 270.0 | 2717.0 | 649.0 | 40.0 | 11.0 | 0.0 | 44.0 | 6.6 | 0.0 | 27.0 | 4.0 | x | x | | | x | | | | | | | | | |
| Pentru 100 de grame | 100.0 | 1000.0 | 239.0 | 15.0 | 4.1 | 0.0 | 16.0 | 2.4 | 0.0 | 10.0 | 1.5 | | | | | | | | | | | | | | |
| Hallumi Wrap | 190.0 | 2399.0 | 574.0 | 36.0 | 12.0 | 0.0 | 41.0 | 3.3 | 0.0 | 20.0 | 2.9 | x | x | | | x | | | | | | | | | |
| Pentru 100 de grame | 100.0 | 1241.0 | 297.0 | 19.0 | 6.1 | 0.0 | 21.0 | 1.7 | 0.0 | 10.0 | 1.5 | | | | | | | | | | | | | | |
| Angry Bacon King | 248.0 | 2835.0 | 678.0 | 37.0 | 12.0 | 0.7 | 53.0 | 12.0 | 3.7 | 33.0 | 1.1 | x | x | | | | | | ? | x | ? | | | | |
| Pentru 100 de grame | 100.0 | 1143.1 | 273.4 | 14.9 | 4.8 | 0.3 | 21.4 | 4.8 | 1.5 | 13.3 | 0.5 | | | | | | | | | | | | | | |
| Bacon Cheddar King | 270.0 | 1190.0 | 759.0 | 84.0 | 33.0 | 18.6 | 50.0 | 3.8 | 3.0 | 39.1 | 1.9 | x | x | | | | | | ? | x | ? | | | | |
| Pentru 100 de grame | 100.0 | 440.7 | 281.1 | 31.1 | 12.2 | 6.9 | 18.5 | 1.4 | 1.1 | 14.5 | 0.7 | | | | | | | | | | | | | | |
| Bacon cheddar wrap | 255.0 | 2717.0 | 649.0 | 40.0 | 11.0 | 0.0 | 44.0 | 6.6 | 0.0 | 27.0 | 4.0 | x | x | | | | | | ? | x | ? | | | | |
| Pentru 100 de grame | 100.0 | 1065.5 | 254.5 | 15.7 | 4.3 | 0.0 | 17.3 | 2.6 | 0.0 | 10.6 | 1.6 | | | | | | | | | | | | | | |
| Bacon King | 220.0 | 3176.0 | 759.0 | 48.7 | 44.3 | 18.6 | 48.7 | 3.8 | 3.0 | 39.1 | 1.60 | x | x | | | | | | ? | x | ? | | | | |
| Pentru 100 de grame | 100.0 | 1443.6 | 345.0 | 22.1 | 20.1 | 8.5 | 22.1 | 1.7 | 1.4 | 17.8 | 0.7 | | | | | | | | | | | | | | |
| Salată | | | | | | | | | | | | | | | | | | | | | | | | | |
| Salată cu pui | 254.0 | 653.0 | 155.0 | 3.6 | 0.5 | 0.0 | 6.8 | 1.3 | 2.7 | 24.0 | 1.5 | ? | ? | | | ? | ? | | ? | ? | ? | x | | | |
| Pentru 100 de grame | 100.0 | 308.0 | 73.0 | 1.7 | 0.2 | 0.0 | 3.2 | 0.6 | 1.3 | 11.0 | 0.72 | | | | | | | | | | | | | | |
| Nuggets | | | | | | | | | | | | | | | | | | | | | | | | | |
| Chicken Nuggets (6 buc.) | 80.0 | 925.0 | 221.6 | 13.0 | 3.9 | 0.1 | 12.0 | 0.4 | 0.7 | 13.0 | 1.0 | x | | | | x | x | | | | | | | | |
| Pentru 100 de grame | 100.0 | 1156.0 | 277.0 | 17.0 | 4.9 | 0.1 | 15.0 | 0.5 | 0.9 | 16.0 | 1.3 | | | | | | | | | | | | | | |
| Chicken Nuggets (9 buc.) | 144.0 | 1665.0 | 398.9 | 24.0 | 7.1 | 0.1 | 22.0 | 0.7 | 1.3 | 23.0 | 1.9 | x | x | | | x | x | ? | | | | | | | |
| Pentru 100 de grame | 100.0 | 1156.0 | 277.0 | 17.0 | 4.9 | 0.1 | 15.0 | 0.5 | 0.9 | 16.0 | 1.3 | | | | | | | | | | | | | | |
| Plant based Nuggets (6 buc.) | 80.0 | 1184.4 | 283.5 | 15.0 | 3.9 | 0.1 | 25.1 | 1.0 | 0.7 | 13.0 | 1.4 | x | | | | x | x | | | | | | | | |
| Pentru 100 de grame | 100.0 | 940.0 | 225.0 | 11.9 | 4.9 | 0.1 | 19.9 | 0.8 | 0.9 | 16.0 | 1.0 | | | | | | | | | | | | | | |
| Plant based Nuggets (9 buc.) | 144.0 | 1776.6 | 425.3 | 22.5 | 5.9 | 0.2 | 37.7 | 1.5 | 1.1 | 19.5 | 2.1 | x | | | | x | x | | | | | | | | |
| Pentru 100 de grame | 100.0 | 940.0 | 225.0 | 11.9 | 4.9 | 0.1 | 19.9 | 0.8 | 0.9 | 16.0 | 1.0 | | | | | | | | | | | | | | |
| Chicken Nuggets (4 buc.) | 64.0 | 616.0 | 147.0 | 8.7 | 2.6 | 0.1 | 8.0 | 0.3 | 0.5 | 8.7 | 0.66 | x | | | | x | x | | | | | | | | |
| Pentru 100 de grame | 100.0 | 1295.0 | 309.0 | 50.0 | 19.0 | 0.2 | 47.0 | 3.0 | 2.0 | 25.0 | 2.60 | x | | | | x | | | | | | | | | |

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|---------------------|-------|--------|-------|------|------|-----|------|------|-----|-----|------|---|--|--|--|---|--|--|--|--|--|--|--|--|--|
| Desert | | | | | | | | | | | | | | | | | | | | | | | | | |
| BK Fusion Oreo | 150.0 | 1195.0 | 278.0 | 10.0 | 6.6 | 0.1 | 42.0 | 36.2 | 0.5 | 4.9 | 0.47 | x | | | | | | | | | | | | | |
| Pentru 100 de grame | 100.0 | 797.0 | 185.3 | 6.9 | 4.4 | 0.1 | 28.0 | 24.1 | 0.3 | 3.3 | 0.32 | | | | | | | | | | | | | | |
| Hot Blondie | 80.0 | 1472.0 | 352.8 | 21.0 | 13.4 | 0.1 | 34.0 | 15.0 | 1.0 | 5.8 | 0.14 | x | | | | x | | | | | | | | | |
| Pentru 100 de grame | 100.0 | 1840.0 | 441.0 | 27.0 | 17.0 | 0.1 | 42.0 | 18.7 | 1.2 | 7.2 | 0.17 | | | | | | | | | | | | | | |
| Hot Blondie | 150.0 | 1899.0 | 450.8 | 17.0 | 10.0 | 0.2 | 49.0 | 30.4 | 1.0 | 7.9 | 0.30 | x | | | | x | | | | | | | | | |