

VALORI NUTRITIONALE - RESTAURANT MAHER

SUPE-CIORBE	Ingrediente	Portie g	Lipide g	Acizi grasi saturati g	Glucide g	Zaharuri g	Proteine g	Sare g	KCAL-Valoare energetica	Alergeni	Aditivi alimentari
SUPA DE LINTE	APA, LINTE, CEAPA, LIPIE PRAJITA, ARDEI KAPIA, MORCOVI, LAMAI, ULEI RAFINAT DE FLOAREA SOARELUI, USTUROI, BOIA DULCE, SARE	250	0.01	0.12	35.92	2.66	14.57	0.00	216.40	linte gluten	Conservant E282 (propionat de calciu)
CIORBA DE PUI	APA, PIEPT DE PUI, MAZARE, ROSII, ARDEI KAPIA, MORCOVI, PATRUNJEL, SUC de LAMAIE, CEAPA, CARTOFI, FASOLE VERDE, TELINA, ULEI RAFINAT FLOAREA SOARELUI, PASTA TOMATE, SARE	250	0.77	0.25	0.10	0.02	14.54	0.00	65.80	telina	
CIORBA DE LEGUME	APA, ROSII, ARDEI GRAS, FASOLE VERDE, MORCOVI, CARTOFI, MAZARE, ULEI RAFINAT FLOAREA SOARELUI, CEAPA, TELINA PASTA TOMATE, SUC DE LAMAIE, PATRUNJEL, SARE	300	0.53	0.00	12.90	0.83	2.30	2.00	64.30	telina	
CIORBA DE VACUTA	APA, CARNE DE VITEL, CEAPA, ROSII, ARDEI GRAS, FASOLE VERDE, MAZARE, CARTOFI, TELINA< SUC DE LAMAIE, ULEI RAFINAT DE FLOAREA SOARELUI, SARE	250	0.40	0.00	0.00	0.00	9.50	0.00	44.50		
APERITIVE	Ingrediente	Portie g	Lipide g	Acizi grasi saturati g	Glucide g	Zaharuri g	Proteine g	Sare g	KCAL-Valoare energetica	Alergeni	Aditivi alimentari
PASTA TAHINEH		50	29.55	4.90	0.95	0.65	13.00	0.00	332.00	susan	
SOS TARATOR LIPIE Mica_buc	iaurt, tahineh, usturoi, sare de lamaie, sare	40	0.54	0.34	0.66	0.66	0.66	1.00	10.40	muguri pin gluten	Corector aciditate: E330 (acid citric)
LIPIE MARE_buc		1	0.32	0.08	24.80	1.08	3.64	0.00	117.60	gluten	Conservant E282 (propionat de calciu)
		1	0.4	0.10	31.00	1.35	4.55	0.35	147.00	gluten	Conservant E282 (propionat de calciu)
HOMOS SIMPLU	NAUT FIERT, PASTA TAHINEH, ULEI VIRGIN DE MASLINE, BICARBONAT DE SODIU, ACID CITRIC, BOIA DULCE, SARE	250	39.75	6.60	104.65	19.35	45.30	2.00	950.80	susan	Corector aciditate: E330 (acid citric), Agent de afanare: E500 (bicarbonat sodiu)

HOMOS CU MUGURI PIN	NAUT FIERT, PASTA TAHINEH, MUGURI DE PIN, ULEI VIRGIN DE MASLINE, BICARBONAT DE SODIU, ACID CITRIC, BOIA DULCE, SARE	250	48.69	5.81	100.29	18.16	44.32	2.00	1010.92	muguri pin susan	Corector aciditate: E330 (acid citric), Agent de afanare: E500 (bicarbonat sodiu)
HOMOS CU CARNE VITA	NAUT FIERT, CARNE DE VITEL, TAHINEH, ULEI VIRGIN DE MASLINE, ACID CITRIC, BOIA DULCE, BICARBONAT DE SODIU, PIPER, SARE	350	57.13	16.24	119.36	22.55	55.60	2.05	1200.80	susan	Corector aciditate: E330 (acid citric), Agent de afanare: E500 (bicarbonat sodiu)
LABNEH	CREMA DE IAURT, ULEI VIRGIN DE MASLINE, MENTA, SARE	250	11.5	8.05	10.58	0.00	7.82	5.00	184.00	lactoza	
BABAGANOUJ	VINETE DIN CONSERVA, ARDEI KAPIA, ROSII, ULEI VIRGIN DE MASLINE, SOS DE RODII, PATRUNJEL, CEAPA, SARE	250	0.47	0.00	12.60	3.20	2.10	2.01	67.40		Corector aciditate: E260 (Acid acetic) , E300 (Acid ascorbic), E330 (Acid citric) Colorant Amonium Colorant E150a (Caramel sulfurat) Conservant: E211 (benzoat de sodiu)
FATOUSH Servit cu: LIPIE MARE-buc	ROSII, CASTRAVETI, VARZA ALBA, VARZA ROSIE, LIPIE PRAJITA, SALATA VERDE, ULEI VIRGIN DE MASLINE, SEMINTE DE RODIE, SOS RODIE, SUC DE LAMAIE, SUMAC, USTUROI, LAMAI, SARE, MENTA	250	0.38	0.00	4.16	0.00	0.80	5.00	22.90	gluten	Corector aciditate: E330 (Acid citric) Colorant Amonium, Colorant E150a (Caramel sulfurat), Conservant E211 (Benzoat de sodiu) , Conservant E282 (propionat de calciu)
		1	0.40	0.10	31.00	1.35	4.55	0.35	147.00	gluten	Conservant E282 (propionat de calciu)
TABULE	PATRUNJEL, CEAPA, ROSII, SEMINTE RODIE, BULGUR, ULEI VIRGIN DE MASLINE, SOS DE RODIE, SUC DE LAMAIE, SARE	250	1.32	0.02	15.43	4.78	3.26	5.00	79.30	gluten	Corector aciditate: E330 (Acid citric) Colorant Amonium, Colorant E150a (Caramel sulfurat), Conservant E211 (Benzoat de sodiu)
MOUTABAL	VINETE DIN CONSERVA, IAURT, PASTA TAHINEH, LAMAI, BOIA DULCE, USTUROI, SARE	250	19.64	3.96	11.25	5.27	11.23	2.00	279.70	lactoza susan	Corectori aciditate: E260 (Acid acetic) E330 (Acid citric) E300 (Acid ascorbic)
PLATOU MIC	HOMOS, LABNE, BABAGANOUH, MOUTABAL	250	18.71	4.84	37.54	7.45	17.76	0.00	393.75	lactoza susan	Corectori aciditate: E260 Acid acetic, 300 (Acid ascorbic), E330 (Acid citric), Colorant Amonium, Colorant 150a (Caramel sulfurat), Conservant E211 (Benzoat de sodiu), Agent afanare E500 (bicarbonat sodiu)

PLATOU MARE	HOMOS, LABNE, BABAGANOUSH, MOUTABAL	500	37.43	9.67	75.08	14.89	35.52	0.00	787.49	lactoza susan	Corectori aciditate: E260 Acid acetic, 300 (Acid ascorbic), E330 (Acid citric), Colorant Amonium, Colorant 150a (Caramel sulfurat), Conservant E211 (Benzoat de sodiu), Agent afanare E500 (bicarbonat sodiu)
MUHAMARA	PASTA DE ARDEI IUTE, CEAPA, ROSII, ULEI VIRGIN DE MASLINE, BOIA IUTE, BOIA DULCE, PASTA DE ARDEI IUTE, CEAPA, SOS DE RODII,PIPER	150	0.10	0.00	21.80	12.80	3.80	0.00	100.00		Corector de aciditate: E330 (acid citric) Agenti de ingrosare: E410 (guma de caruba), E412 (guma de guar), E415 (guma de xantan) Conservanti: E202 (sorbat de potasiu), E211 (benzoat de sodiu), Colorant Amonium, Colorant E150a (caramel sulfurat)
MAIONEZA CU USTUROI	ULEI RAFINAT DE FLOAREA SOARELUI, OUA, AMIDON, APA, USTUROI, , SARE DE LAMAIE, SARE VARZA, MORCOVI, MAIONEZA, SARE	150	86.87	9.05	0.29	0.00	3.72	2.00	851.90	ou	
SALATA DE CRUDITATI	DE LAMAIE, ULEI RAFINAT DE FLOAREA SOARELUI, SARE	250	0.60	0.00	17.25	0.00	2.05	1.00	79.25	ou	Corector aciditate: E330 (acid citric)
SALATA DE VARZA	VARZA, ULEI VIRGIN DE MASLINE, SUC DE LAMAIE, ROSII, PATRUNJEL, PIPER, SARE	250	0.48	0.00	13.40	0.00	2.02	1.00	65.10		
SALATA DE ASORTATA	CASTRAVETI, ROSII, SALATA VERDE, ULEI VIRGIN DE MASLINE, SUC DE LAMAIE, CEAPA, SARE	250	0.55	0.00	7.42	0.00	1.60	1.00	40.25		
SALATA DE ROSII	ROSII, CEAPA, ULEI VIRGIN DE MASLINE, SUC DE LAMAIE, SARE	250	0.85	0.00	9.83	1.46	1.61	5.00	53.50		
GEAGIK	IAURT, CASTRAVETI, USTUROI, MENTA, SARE	250	5.46	3.40	7.63	6.60	6.82	1.01	109.25	lactoza	
KEBE NEE	CARNE DE VITEL, ROSII, ULEI VIRGIN DE MASLINE, MUGURI DE PIN, ARDEI KAPIA ROSU, MASLINE NEGRE, CEAPA, BULGUR, MENTA, PATRUNJEL, SOS DE RODII, CHIMEN, SARE	290	56.00	22.80	5.78	2.52	23.40	2.00	620.00	muguri pin gluten	Corectori aciditate: E330 (Acid citric), E260 (Acid acetic), Colorant Amonium, Colorant 150a (Caramel sulfurat), Conservant E211 (Benzoat de sodiu), Conservant E202 (Sorbat de potasiu)
OMLETA SIMPLA	OUA, ULEI RAFINAT DE FLOAREA SOARELUI, CONDIMENTE, SARE	150	11.92	11.52	3.44	0.00	44.64	2.00	525.80	ou	
Servit cu: LIPIE MARE-buc		1	0.40	0.10	31.00	1.35	4.55	0.35	147.00	gluten	Conservant E282 (propionat de calciu)

OMLETA CU CARNE DE VITA Servit cu: LIPIE MARE-buc	OUA, CARNE DE VITEL, ROSII, SALATA VERDE, PATRUNJEL, ULEI RAFINAT DE FLOAREA SOARELUI, PIPER, SARE	200	23.04	8.58	3.08	0.63	17.15	2.00	288.10	ou	Conservant E282 (propionat de calciu)
		1	0.40	0.10	31.00	1.35	4.55	0.35	147.00	gluten	
OMLETA CU CIUPERCI Servit cu: LIPIE MARE-buc	OUA, CIUPERCI, ROSII, SALATA VERDE, ULEI RAFINAT DE FLOAREA SOARELUI, PATRUNJEL, SARE	200	9.21	2.91	3.26	1.00	12.85	2.00	144.10	ou	Conservant E282 (propionat de calciu)
		1	0.40	0.10	31.00	1.35	4.55	0.35	147.00	gluten	
MIC DEJUN Servit cu: LIPIE MARE-buc	OUA OCHIURI, BRANZA, ROSII, CASTRAVETI, SALATA VERDE, MASLINE, ULEI RAFINAT DE FLOAREA SOARELUI, SARE	300	23.60	2.88	5.46	0.00	25.51	2.00	341.60	ou lactoza	Conservant E282 (propionat de calciu)
		1	0.40	0.10	31.00	1.35	4.55	0.35	147.00	gluten	
FATEH	NAUT FIERT, LIPIE PRAJITA, SOS TARATOR, ULEI VIRGIN DE MASLINE, SUC DE LAMAIE, USTUROI, MUGURI PIN, BOIA DULCE, CAMUN, SARE, Decor: patrunjel/rosii	250	2.19	0.57	42.91	2.01	10.21	2.56	247.40	susan lactoza gluten muguri pin	Corector aciditate: Acid citric E330, Conservant: E282 (propionat de calciu)
FATEH CU CARNE VITA	NAUT FIERT, CARNE DE VITA TOCATA, LIPIE PRAJITA, SOS TARATOR, ULEI VIRGIN DE MASLINE, SUC DE LAMAIE, USTUROI, MUGURI PIN, BOIA DULCE, CAMUN, SARE, Decor: patrunjel/rosii	400	37.44	14.84	48.77	3.59	25.84	2.56	652.90	susan lactoza gluten muguri pin	Corector aciditate: Acid citric E330, Conservant: E282 (propionat de calciu)
MOUSABAHA	NAUT FIERT, SOS TARATOR, ULEI VIRGIN DE MASLINE, SUC DE LAMAIE, USTUROI, MUGURI PIN, SARE, BOIA DULCE, CAMUN, PASTA DE ARDEI, PIPER Decor: patrunjel/rosii	250	2.28	0.59	15.23	0.83	7.23	2.56	128.20	susan lactoza muguri pin	Corector aciditate: E330 (acid citric)

MOUSABAHA CU CARNE VITA	NAUT FIERT, CARNE DE VITA, SOS TARATOR, ULEI VIRGIN DE MASLINE, SUC DE LAMAIE, USTUROI, MUGURI PIN, SARE, BOIA DULCE, CAMUN, PASTA DE ARDEI, PIPER, Decor: patrunjel/rosii	400	37.54	14.79	22.27	2.24	23.29	2.56	541.90	susan lactoza muguri pin	Corector aciditate: E330 (acid citric)
FULL	FULL CONSERVA, ROSII, ULEI VIRGIN DE MASLINE, PATRUNJEL, SUC DE LAMAIE, USTUROI, BOIA DULCE, CAMUN, SARE	250	21.03	2.76	38.95	0.00	18.21	11.36	411.40		Corector aciditate (Acid citric) E330 Stabilizator (Disodium EDTA) E386 Corector aciditate E330 (Acid citric)
YALANGI (SARMALE foi vita)	SARMALE din CONSERVA CU OREZ SI FOI DE VITA, SOS DE RODIE, ULEI VIRGIN DE MASLINE, Decor: salata verde/lamaie/seminte de rodie	300	29.70	4.32	54.00	5.40	5.94	17.87	491.40		Colorant Amonium, Colorant E150a (Caramel sulfurat), Conservant E211 (Benzoat de sodiu)

PREPARATE CALDE	Ingrediente	Portie g	Lipide g	Acizi grasi saturati g	Glucide g	Zaharuri g	Proteine g	Sare g	KCAL-Valoare energetica	Alergeni	Aditivi alimentari
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SOS KETCHUP		20	0	0	2.8	1.8	0.08	0.44	11.8		Agenti ingrosare: E415 (guma de xantan), E1422 (amidon modificat acetilat) Conservant E211 (Benzoat de sodiu), Conservant E202 (Sorbat de potasiu)
OREZ CU FIDEA	OREZ, FIDEA, ULEI RAFINAT DE FLOAREA SOARELUI, PIPER, SARE, APA, Decor: patrunjel, lamaie, muguri de pin	300	2.70	0.08	130.40	1.00	14.32	2.01	567.00	muguri pin gluten	
OREZ CU LEGUME TIGAIE VITA	OREZ, MORCOVI, MAZARE, FASOLE VERDE, ARDEI KAPIA, ULEI RAFINAT DE FLOAREA SOARELUI, PIPER, SARE, BOIA, APA, Decor: lamaie/muguri de pin/patrunjel	300	2.18	0.00	85.09	0.47	8.72	2.00	363.75	muguri pin	
CARTOFI PICANTI	CARNE DE VITA, GARNITURA OREZ, CEAPA, ROSII, ARDEI GRAS, SARE	400	71.00	28.50	47.23	3.15	33.25	3.00	945.00		Corector aciditate: E330 (acid citric) Agenti ingrosare: E410 (guma de caruba), E412 (guma de guar), E415 (guma de xantan) Conservant E211 (Benzoat de sodiu), Conservant E202 (Sorbat de potasiu)
CARTOFI PICANTI	CARTOFI, PASTA DE ARDEI, ULEI RAFINAT DE FLOAREA SOARELUI, USTUROI, BOIA IUTE, SARE, PIPER	280	0.68	0.00	41.60	2.44	4.70	2.00	189.80		

CARTOFI PRAJITI	CARTOFI, ULEI RAFINAT DE FLOAREA SOARELUI	150	21.00	3.74	55.80	0.84	5.24	0.00	433.50	
BRIANI CU CARNE VITA	CARNE DE VITEL, OREZ, IAURT, FASOLE VERDE, MAZARE, ROSII, CEAPA, MORCOVI, ARDEI KAPIA, ULEI RAFINAT DE FLOAREA SOARELUI, SARE, PIPER, BOIA DULCE, Decor: migdale/muguri de pin/patrunjel	250	23.74	9.46	34.97	1.67	13.22	1.02	394.40	migdale lactoza muguri pin
BERBECUT CU OREZ	CARNE DE OAIE, OREZ, FIDEA, ULEI RAFINAT DE FLOAREA SOARELUI, PIPER, SARE	460	80.50	0.00	52.90	0.00	55.90	2.00	1169.00	gluten
SNITEL VITA <i>Servit cu:</i>	CARNE DE VITEL, OUA, Garnitura CARTOFI PRAJITI, FAINA ALBA DE GRAU, PESMET, ULEI RAFINAT DE FLOAREA SOARELUI, SARE, PIPER, Decor: lamaie/rosie/salata	250	43.28	15.69	33.62	1.63	16.90	2.00	621.00	ou gluten
KETCHUP		20	0.00	0.00	2.80	1.80	0.08	0.44	11.80	Agenti de ingrosare: E415 (guma de xantan) si E1422 (amidon modificat acetilat) Conservanti:(Benzoat de sodiu) E211 si E202 (sorbat de potasiu)
SALATA CRUDITATI		30	0.07	0.00	2.07	0.00	0.25	0.00	9.51	
SNITEL PUI <i>Servit cu :</i>	PIEPT DE PUI DEZOSAT, OUA, Garnitura CARTOFI PRAJITI, FAINA ALBA DE GRAU, PESMET, ULEI RAFINAT DE FLOAREA SOARELUI, SARE, PIPER, Decor: lamaie/rosie/salata	250	15.55	4.05	30.38	0.22	39.75	2.00	453.00	ou gluten
KETCHUP		20	0.00	0.00	2.80	1.80	0.08	0.44	11.80	Agenti de ingrosare: E415 (guma de xantan) si E1422 (amidon modificat acetilat) Conservanti: E211 (benzoat de sodiu) si E202 (sorbat de potasiu)
SALATA CRUDITATI		30	0.07	0.00	2.07	0.00	0.25	0.00	9.51	

RAS ASFOUR DE VITA	CARNE DE VITA, CEAPA, SOS DE RODIE, ULEI DE FLOAREA SOARELUI, SARE, PIPER, USTUROI Decor: patrunjel/seminte de rodie/lamaie	250	61.60	25.08	6.36	2.77	25.74	2.00	682.00		Corector aciditate: Acid citric E330 Coloranti: E150a (caramel simplu), EE150c (caramel de amoniu), E150d (caramel de sulfite de amoniu) Conservant E211 (Benzoat de sodiu) Corector aciditate: E330 (acid citric) Colorant: E150a (caramel simplu), E150c (caramel de amoniu), E150d (caramel de sulfite de amoniu) Conservant: E211 (benzoat de sodiu), E202 (sorbit de potasiu), Agenti de ingrosare: E410 (guma de caruba), E412 (guma de guar), E415 (guma de xantan)
RAS ASFOUR DE PUI	CARNE DE PUI, SOS DE RODIE, CEAPA, PASTA DE ARDEI, ARDEI KAPIA, ULEI RAFINAT DE FLOAREA SOARELUI, USTUROI, SARE, PIPER, Decor: rosie/salata/lamaie	250	6.16	1.92	0.00	0.00	60.99	0.09	304.00		
CASCAVAL PANE	CASCAVAL, PESMET, GARNITURA din CARTOFI PRAJITI, OU, FAINA ALBA DE GRAU, ULEI RAFINAT DE FLOAREA SOARELUI, BOIA DULCE, PIPER, SARE	370	57.77	34.20	74.29	2.84	63.32	6.42	1074.90	ou gluten	
SAMBUSA cu CARNE VITA	FAINA ALBA DE GRAU, CARNE de VITA, ULEI RAFINAT DE FLOAREA SOARELUI, MUGURI DE PIN, PATRUNJEL, PIPER, PRAF DE COPT, ZAHAR, SARE, APA	200	15.70	5.70	76.05	0.63	17.85	5.00	517.00	muguri pin gluten	Agent afanare: E500 (bicarbonat de sodiu)
SAMBUSA CU BRANZA	FAINA ALBA DE GRAU , BRANZA, OUA, ULEI RAFINAT DE FLOAREA SOARELUI, PRAF DE COPT, PATRUNJEL, APA	200	19.56	0.96	56.99	0.00	27.27	0.00	519.15	lactoza, ou gluten	Agent afanare: E500 (bicarbonat de sodiu)
KEBE MEHLIE	CARNE DE OAI, CARNE DE VITEL, BULGUR, CEAPA, ARDEI KAPIA, ULEI RAFINAT DE FLOAREA SOARELUI, MUGURI DE PIN, BOIA DULCE, PATRUNJEL, MENTA, PIPER, SARE, Decor: patrunjel/lamaie/rosie/lipie	300	41.44	8.21	19.22	3.60	24.49	5.50	551.20	muguri pin gluten	
Servit cu SOS TARATOR		20	0.27	0.17	0.33	0.33	0.33	0.00	5.20	susan lactoza	Corector aciditate: E330 (acid citric)
FALAFEL	BOABE DE NAUT, CEAPA, ULEI RAFINAT DE FLOAREA SOARELUI, USTUROI, BOIA DULCE, SUSAN, SARE, BICARONAT DE SODIU, PIPER	200	10.20	1.70	103.70	18.70	32.30	2.04	618.80	susan	Agent afanare: E500 (bicarbonat de sodiu)

	Portie	Lipide	Acizi grasi	Glucide	Zaharuri	Proteine	Sare	KCAL-Valoare	Alergeni	Aditivi
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SANDWICH	Ingrediente	g	g	saturati g	g	g	g	g	energetica		alimentari
SANDWICH MARE DE VITA	CARNE DE VITEL, CARTOFI PRAJITI, BOIAZ, CASTRAVETE MURAT, SOS TARATOR (IAURT, PASTA TAHINEH, USTUROI, SARE DE LAMAIE, SARE), SARE, LIPIE MICA	300	64.80	24.39	59.10	4.21	30.04	2.35	940.40	lactoza gluten	Corector de aciditate: E330 (acid citric), E300 (acid ascorbic) Stabilizator: E509 (clorura de calciu) Conservanti: E260 (acid acetic), E202 (sorbit de potasiu), E211 (benzoat de sodiu), E282 (propionat de calciu), E223 (disulfid de sodiu)
SANDWICH MIC DE VITA	CARNE DE VITEL, CARTOFI PRAJITI, BOIAZ, CASTRAVETE MURAT, SOS TARATOR (IAURT, PASTA TAHINEH, USTUROI, SARE DE LAMAIE, SARE), SARE, LIPIE MICA	200	36.72	12.97	50.01	2.68	17.43	2.00	601.00	susan lactoza gluten	Corector de aciditate: E330 (acid citric), E300 (acid ascorbic) Stabilizator: E509 (clorura de calciu) Conservanti: E260 (acid acetic), E202 (sorbit de potasiu), E211 (benzoat de sodiu), E282 (propionat de calciu), E223 (disulfid de sodiu)
SANDWICH MARE DE OAIE	CARNE DE OAIE, CARTOFI PRAJITI, SOS TARATOR((IAURT, PASTA TAHINEH, USTUROI, SARE DE LAMAIE, SARE), BOIAZ, ROSII, CASTRAVETE MURAT, SARE, LIPIE MARE	300	61.60	1.59	53.92	1.69	40.44	2.35	952.40	susan lactoza gluten	Corector de aciditate: E330 (acid citric), E300 (acid ascorbic) Stabilizator: E509 (clorura de calciu) Conservanti: E260 (acid acetic), E202 (sorbit de potasiu), E211 (benzoat de sodiu), E282 (propionat de calciu), E223 (disulfid de sodiu)
SANDWICH MIC DE OAIE	CARNE DE OAIE, CARTOFI PRAJITI, SOS TARATOR((IAURT, PASTA TAHINEH, USTUROI, SARE DE LAMAIE, SARE), BOIAZ, ROSII, CASTRAVETE MURAT, SARE, LIPIE MARE	200	35.12	1.57	47.42	1.42	22.63	2.00	607.00	susan lactoza gluten	Corector de aciditate: E330 (acid citric), E300 (acid ascorbic) Stabilizator: E509 (clorura de calciu) Conservanti: E260 (acid acetic), E202 (sorbit de potasiu), E211 (benzoat de sodiu), E282 (propionat de calciu), E223 (disulfid de sodiu)
SANDWICH MARE DE ORGANE	ORGANE, CARTOFI PRAJITI, CASTRAVETE MURAT, BOIAZ, ROSII, SARE, LIPIE MICA	300	28.32	9.07	61.52	1.99	42.26	3.29	683.30	gluten	Corector de aciditate: E330 (acid citric), E300 (acid ascorbic) Stabilizator: E509 (clorura de calciu) Conservanti: E260 (acid acetic), E202 (sorbit de potasiu), E211 (benzoat de sodiu), E282 (propionat de calciu), E223 (disulfid de sodiu)
SANDWICH MIC DE ORGANE	ORGANE, CARTOFI PRAJITI, CASTRAVETE MURAT, BOIAZ, ROSII, SARE, LIPIE MICA	200	18.49	5.31	51.62	1.72	23.70	2.87	474.80	gluten	Corector de aciditate: E330 (acid citric), E300 (acid ascorbic) Stabilizator: E509 (clorura de calciu) Conservanti: E260 (acid acetic), E202 (sorbit de potasiu), E211 (benzoat de sodiu), E282 (propionat de calciu), E223 (disulfid de sodiu)

SANDWICH MARE DE PUI	PIEPT DE PUI, CARTOFI PRAJITI, SALATA DE CRUDITATI, ROSII, CASTRAVETI MURATI, PIPER, SARE, LIPIE MARE	300	9.67	2.07	51.95	1.69	48.08	2.65	489.01	ou gluten	Corector de aciditate: E330 (acid citric), E300 (acid ascorbic) Stabilizator: E509 (clorura de calciu) Conservanti: E260 (acid acetic), E202 (sorbit de potasiu), E211 (benzoat de sodiu), E282 (propionat de calciu), E223 (disulfid de sodiu)
SANDWICH MIC DE PUI	PIEPT DE PUI, CARTOFI PRAJITI, SALATA DE CRUDITATI, ROSII, CASTRAVETI MURATI, PIPER, SARE, LIPIE MARE	200	8.49	1.69	45.61	1.39	26.40	2.15	365.61	ou gluten	Corector de aciditate: E330 (acid citric), E300 (acid ascorbic) Stabilizator: E509 (clorura de calciu) Conservanti: E260 (acid acetic), E202 (sorbit de potasiu), E211 (benzoat de sodiu), E282 (propionat de calciu), E223 (disulfid de sodiu)
SANDWICH FALAFEL	FALAFEL, HOMOS, SOS TARATOR (IAURT, PASTA TAHINEH, USTUROI, SARE DE LAMAIE, SARE), ROSII, SALATA VERDE, CASTRAVETE MURAT, SARE, LIPIE MARE	200	14.73	2.48	116.68	16.91	33.74	1.38	723.40	susan lactoza gluten	Corector de aciditate: E330 (acid citric), E300 (acid ascorbic) Stabilizator: E509 (clorura de calciu) Conservanti: E260 (acid acetic), E202 (sorbit de potasiu), E211 (benzoat de sodiu), E282 (propionat de calciu), E223 (disulfid de sodiu)

PREPARATE LA GRATAR	Ingrediente	Portie g	Lipide g	Acizi grasi saturati g	Glucide g	Zaharuri g	Proteine g	Sare g	KCAL-Valoare energetica	Alergeni	Aditivi alimentari
GARNITURA GRILL	cartofi prajiti, salata de cruditati, legume coapte, boiaz, lipie la gratar	90	5.10	0.95	75.52	3.29	10.57	0.86	391.84	ou gluten	Conservant E282 (propionat de calciu)
GARNITURA GRILL	cartofi prajiti, salata de cruditati, legume coapte, boiaz, lipie la gratar	350	19.83	3.69	297.70	12.79	41,1	3.34	1523.8	ou gluten	Conservant E282 (propionat de calciu)
GARNITURA GRILL	cartofi prajiti, salata de cruditati, legume coapte, boiaz, lipie la gratar	400	22.66	4.22	335.64	14.62	46.97	3.82	1741.51	ou gluten	Conservant E282 (propionat de calciu)

PLATOU MIX GRILL 6 PEROANE	GARNITURA GRILL (18.18%)(cartofi prajiti, legume coapte, boiaz, salata de cruditati, lipie mare la gratar- 6 buc), KEBAB (15.91%), FRIGARUI DE VITA LA GRATAR (15.91%) , FRIGARUI DE PUI (15.91%), COTLET DE OAIE LA GRATAR (15.91%-4buc), OREZ (10.23%), ARIPIOARE DE PUI LA GRATAR (7.95%)	2200	327.07	70.04	602.01	29.53	364.57		6835.01	ou gluten	Conservant E282 (propionat de calciu)
PLATOU MIX GRILL 4 PEROANE	GARNITURA GRILL (23.33%)(cartofi prajiti, legume coapte, boiaz, salata de cruditati, lipie mare la gratar-4buc), KEBAB (13.33%), FRIGARUI DE VITA LA GRATAR (13.33%) , FRIGARUI DE PUI LA GRATAR (13.33%) , COTLET DE OAIE LA GRATAR (13.33%-4buc), OREZ (13.33%), ARIPIOARE DE PUI LA GRATAR (10%)	1500	203.49	43.62	478.78	21.61	196.04	7.18	4684.30	ou gluten	Conservant E282 (propionat de calciu)
ARAYES	AMESTEC CARNE TOCATA (88.00%) din care: CARNE DE VITA (44.00%) si CARNE DE OAIE (44.00%), CEAPA (4.80%), ROSII (4.00%), PATRUNJEL (4.0%), SARE (0.80%), LIPIE MARE-1 BUC, Decor: lamaie/b0iaz	250	60.24	12.64	34.51	2.74	36.01	2.35	835.60	gluten	Conservant E282 (propionat de calciu)
KEBEASIH	AMESTEC CARNE TOCATA (64.52%): VITA (50%) + OAIE (50%), GARNITURA GRILL (cartofi prajiti, legume coapte, boiaz, salata de cruditati, lipie mare-2 buc), BULGUR, CEAPA, MENTA, SARE	310	59.50	12.35	78.70	4.55	39.16	1.86	1017.84	ou gluten	Conservant E282 (propionat de calciu)
KEBAB CU VINETE	AMESTEC CARNE TOCATA (58.80%) DIN CARE: CARNE DE VITA (29.40%) + CARNE DE OAIE (29.40%), GARNITURA GRILL (26.47%) (cartofi prajiti, legume coapte, boiaz, salata de cruditati, lipie mare la gratar-2 buc), VINETE CRUDE (11.76%), CEAPA (2.35%), SARE(o.59%)	340	59.58	12.35	81.06	4.70	39.56	2.86	1027.84	ou gluten	Conservant E282 (propionat de calciu)

KEBAB ORFELI	AMESTEC CARNE TOCATA (66,67%) din care: CARNE DE VITA (33,34%) + CARNE DE OAIE (33,34%), GARNITURA GRILL (32.67%) (cartofi prajiti, legume coapte, boiaz, salata de cruditati, lipie mare la gratar-2 buc), SARE (0.67%)	300	59.96	12.43	85.42	3.58	40.10	2.94	1052.67	ou gluten	Conservant E282 (propionat de calciu)
KEBAB	AMESTEC DE CARNE CARNE TOCATA (63.50%) din care: CARNE DE VITEL (31.75%) si CARNE DE OAIE (31.75%), GARNITURA GRILL (28.57%)(cartofi prajiti, legume coapte, boiaz, salata de cruditati, lipie mare la gratar-2 buc), ARDEI GRAS ROSU (3.17%), CEAPA (3.17%), PATRUNJEL (0.95%), SARE (0.63%)	315	59.50	12.35	78.70	3.29	39.16	0.86	1017.84	ou gluten	Conservant E282 (propionat de calciu)
ORGANE	ORGANE DE VITA (68.33%), GARNITURA GRILL (cartofi prajiti, legume coapte, boiaz, salata de cruditati, lipie mare la gratar- 2buc), PIPER , SARE	300	20.59	6.89	81.39	3.29	38.61	2.97	676.14	ou gluten	Conservant E282 (propionat de calciu)
MUSACAL	GARNITURA GRILL (30%) (cartofi prajiti, legume coapte, boiaz, salata de cruditati, lipie mare la gratar-2 buc), KEBAB (23.33%), FRIGARUI DE VITA (23.33%) , FRIGARUI DE PUI (23.33%)	300	40.75	12.49	110.38	6.06	52.27	1.90	1022.89	ou gluten	Conservant E282 (propionat de calciu)
COLTLET DE VITA LA GRATAR	COTLET DE VITA (66.67%), GARNITURA GRILL (cartofi prajiti, legume coapte, boiaz, salata de cruditati, lipie mare la gratar-2 buc), PASTA DE ARDEI, PIPER, SARE	300	61.10	23.75	81.30	5.81	33.97	2.86	1011.84	ou gluten	Corector aciditate: E330 (acid citric), Agenti de ingrosare: E410 (guma de caruba), E412 (guma de guar), E415 (guma de xantan) Conservanti: E202(sorbat de potasiu) E211 (benzoat de sodiu), E282 (propionat de calciu)
COLTLET DE OAIE LA GRATAR	COTLET DE OAIE (66.67%), GARNITURA GRILL(cartofi prajiti, legume coapte, boiaz, salata de cruditati, lipie mare la gratar-2 buc), PASTA DE ARDEI, PIPER, SARE	300	57.90	0.95	76.12	3.29	44.37	2.86	1023.84	ou gluten	Corector aciditate: E330 (acid citric), Agenti de ingrosare: E410 (guma de caruba), E412 (guma de guar), E415 (guma de xantan) Conservanti: E202(sorbat de potasiu) E211 (benzoat de sodiu), E282 (propionat de calciu)

PULPE DE PUI LA GRATAR	PULPE DE PUI (66.67%), GARNITURA GRILL (cartofi prajiti, legume coapte, boiaz, salata de cruditati, lipie mare la gratar-2 buc), PIPER, SARE, PASTA DE ARDEI, USTUROI, SUC DE LAMAIE	300	11.58	2.97	75.52	3.29	74.77	2.95	711.84	ou gluten	Corector aciditate: E330 (acid citric), Agenti de ingrosare: E410 (guma de caruba), E412 (guma de guar), E415 (guma de xantan) Conservanti: E202(sorbat de potasiu) E211 (benzoat de sodiu), E282 (propionat de calciu)
ARIPIOARE DE PUI LA GRATAR	ARIPIOARE DE PUI (66.67%), GARNITURA GRILL (cartofi prajiti, legume coapte, boiaz, salata de cruditati, lipie mare la gratar-2 buc), PIPER, SARE, PASTA DE ARDEI, USTUROI, SUC DE LAMAIE	300	11.58	2.97	75.52	3.29	74.77	2.95	711.84	ou gluten	Corector aciditate: E330 (acid citric), Agenti de ingrosare: E410 (guma de caruba), E412 (guma de guar), E415 (guma de xantan) Conservanti: E202(sorbat de potasiu) E211 (benzoat de sodiu), E282 (propionat de calciu)
FRIPTURA DE PUI LA GRATAR	PIEPT DE PUI (66.67%), GARNITURA GRILL (cartofi prajiti, legume coapte, boiaz, salata de cruditati, lipie mare la gratar-2 buc), PIPER, SARE, PASTA DE ARDEI, USTUROI, SUC DE LAMAIE	300	11.58	2.97	75.52	3.29	74.77	2.95	711.84	ou gluten	Corector aciditate: E330 (acid citric), Agenti de ingrosare: E410 (guma de caruba), E412 (guma de guar), E415 (guma de xantan) Conservanti: E202(sorbat de potasiu) E211 (benzoat de sodiu), E282 (propionat de calciu)
FRIPTURA DE VITA LA GRATAR	CARNE DE VITA (66.67%), GARNITURA GRILL (cartofi prajiti, legume coapte, boiaz, salata de cruditati, lipie mare la gratar-2 buc), PASTA DE ARDEI, PIPER, SARE	300	61.10	23.75	81.30	5.81	33.97	2.86	1011.84	ou gluten	Corector aciditate: E330 (acid citric), Agenti de ingrosare: E410 (guma de caruba), E412 (guma de guar), E415 (guma de xantan) Conservanti: E202(sorbat de potasiu) E211 (benzoat de sodiu), E282 (propionat de calciu)
FRIPTURA DE OAIE LA GRATAR	CARNE DE OAIE (66.67%), GARNITURA GRILL(cartofi prajiti, legume coapte, boiaz, salata de cruditati, lipie mare la gratar-2 buc), PASTA DE ARDEI, PIPER, SARE	300	57.90	0.95	76.12	3.29	44.37	2.86	1023.84	ou gluten	Corector aciditate: E330 (acid citric), Agenti de ingrosare: E410 (guma de caruba), E412 (guma de guar), E415 (guma de xantan) Conservanti: E202(sorbat de potasiu) E211 (benzoat de sodiu), E282 (propionat de calciu)
FRIGARUI DE PUI LA GRATAR	PIEPT DE PUI (66.67%), GARNITURA GRILL (cartofi prajiti, legume coapte, boiaz, salata de cruditati, lipie mare la gratar-2 buc), PIPER, SARE, PASTA DE ARDEI, USTUROI, SUC DE LAMAIE	300	11.58	2.97	75.52	3.29	74.77	2.95	711.84	ou gluten	Corector aciditate: E330 (acid citric), Agenti de ingrosare: E410 (guma de caruba), E412 (guma de guar), E415 (guma de xantan) Conservanti: E202(sorbat de potasiu) E211 (benzoat de sodiu), E282 (propionat de calciu)

FRIGARUI DE VITA LA GRATAR	CARNE DE VITA (66.67%), GARNITURA GRILL (cartofi prajiti, legume coapte, boiaz, salata de cruditati, lipie mare la gratar-2 buc), PASTA DE ARDEI, PIPER, SARE	300	61.10	23.75	81.30	5.81	33.97	2.86	1011.84	ou gluten	Corector aciditate: E330 (acid citric), Agenti de ingrosare: E410 (guma de caruba), E412 (guma de guar), E415 (guma de xantan) Conservanti: E202(sorbat de potasiu) E211 (benzoat de sodiu), E282 (propionat de calciu)
FRIGARUI DE OAIE LA GRATAR	CARNE DE OAIE (66.67%), GARNITURA GRILL(cartofi prajiti, legume coapte, boiaz, salata de cruditati, lipie mare la gratar-2 buc), PASTA DE ARDEI, PIPER, SARE	300	57.90	0.95	76.12	3.29	44.37	2.86	1023.84	ou gluten	Corector aciditate: E330 (acid citric), Agenti de ingrosare: E410 (guma de caruba), E412 (guma de guar), E415 (guma de xantan) Conservanti: E202(sorbat de potasiu) E211 (benzoat de sodiu), E282 (propionat de calciu)
FRIGARUI DIN MUSCHI VITA LA GRATAR	MUSCHI DE VITA (66.67%), GARNITURA GRILL (cartofi prajiti, legume coapte, boiaz, salata de cruditati, lipie mare la gratar-2 buc), PASTA DE ARDEI, PIPER, SARE	300	61.10	23.75	75.52	5.81	33.97	2.86	1011.84	ou gluten	Corector aciditate: E330 (acid citric), Agenti de ingrosare: E410 (guma de caruba), E412 (guma de guar), E415 (guma de xantan) Conservanti: E202(sorbat de potasiu) E211 (benzoat de sodiu), E282 (propionat de calciu)
FRIGARUI DIN MUSCHI OAIE LA GRATAR	MUSCHI DE OAIE (66.67%), GARNITURA GRILL(cartofi prajiti, legume coapte, boiaz, salata de cruditati, lipie mare la gratar-2 buc), PASTA DE ARDEI, PIPER, SARE	300	44.70	0.95	76.12	3.29	44.37	2.86	1023.84	ou gluten	Corector aciditate: E330 (acid citric), Agenti de ingrosare: E410 (guma de caruba), E412 (guma de guar), E415 (guma de xantan) Conservanti: E202(sorbat de potasiu) E211 (benzoat de sodiu), E282 (propionat de calciu)
HALOUMI LA GRATAR	BRANZA HALOUMI, Decor: rosii/castravete/salata verde	150	33.75	19.31	0.00	0.00	28.89	3.23	433.35	lactoza	

DESERT	Ingrediente	Portie g	Lipide g	Acizi grasi saturati g	Glucide g	Zaharuri g	Proteine g	Sare g	KCAL-Valoare energetica	Alergeni	Aditivi alimentari
BAKLAVA CU VISINE	apa (32%), zahăr (25%), făină de grâu (14%), ulei de palmier (9,9%), vișine (10%), nucă (6%), amidon de porumb (3%), sare (0.09%), acid citric (0,01%)	200	27.74	0	80.88	0	5.2	0	571.3	nuca gluten	

BAKLAVA CU NUCA SI CIOCOLATA	apa (32%), zahăr (29%), făină de grâu (14%), ulei de palmier (12%), nucă (8,2%), amidon de porumb (3%), ciocolată (1,3%), cacao (0,4%), sare (0,09%), acid citric (0,01%).	200	35.4	0	88.8	0	5.8	0	674.6	nuca gluten
BAKLAVA CU NUCA	apa (32%), zahăr (29%), făină de grâu (14%), ulei de palmier (11,9%), nucă (10%), amidon de porumb (3%), sare 90.09%), acid citric (0.01%)	200	36.6	0	87.54	0	6.06	0	678.86	nuca gluten
MAMOUL CURMALE	faina alba de grau, unt de origine vegetala, zahar, arome naturale, lapte praf, pasta de curmale	100	34.42	8.55	41.20	18.08	4.34	0.20	493.00	lactoza gluten nuca lactoza gluten
MAMOUL CU NUCA	faina alba de grau, unt de origine vegetala, zahar, arome naturale, lapte praf, nuca	100	34.42	8.55	41.20	18.08	4.34	0.20	493.00	nuca lactoza gluten
HARISA CU NUCA DE COCOS	cocos, zahar, lapte praf, unt de origine vegetala, unt de origine animala, faina de grau, caju, praf de copt	100	39.93		37.87	5.81	7.94	0.50	545.00	nuca lactoza gluten caju
HARISA CU FISTIC SI CAJU	faina de grau, zahar, fistic, lapte praf, unt de origine vegetala, unt de origine animala, caju, praf de copt	100	39.93		37.87	5.81	7.94	0.50	545.00	fistic lactoza gluten caju
SHAIBIAT	foetaj baklava (faina alba de grau, apa, ulei vegetal rafinat de floarea soarelui, amidon din porumb, sare iodată), crema de lapte (lapte praf, zahar, gris, apa, apa de flori), sirop (zahar, apa, lamaie), apa de trandafiri	200	4.84	2.75	120.43	47.03	15.53	1.47	588.00	lactoza gluten
KONAFA	crema de lapte (lapte praf, zahar, gris, apa, apa de flori), fidea, sirop (zahar, apa, lamaie)	200	7.03	4.37	123.48	61.38	15.86	0.22	623.25	lactoza gluten
HALAWET EL JIBEN OREZ CU LAPTE	blat halawet el jiben (apa, gris, mozzarella, zahar, apa de flori), crema de lapte (lapte praf, zahar, gris, apa, apa de flori), sirop (zahar, apa, lamaie)	200	8.98	5.64	89.80	60.60	13.50	0.30	495.20	lactoza
	apa, orez, lapte praf, zahar, apa de flori, coji portocala	200	7.00	4.20	54.88	34.88	8.38	0.20	308.75	lactoza

SARLOTA (MALABIE)	apa, lapte praf, zahar, amidon alimentar din porumb, praf de budinca cu gust de ciocolata (amidon din porumb, cacao (10-12% unt de cacao), arome) sau praf de budinca cu gust de capsune (amido din porumb, coloranti naturali, aroma de capsuni), DÉCOR din fulgi migdale /nuca de cocos/cirese confiate (cirese fara samburi, zahar, sirop de glucoza, apa)	250	5.29	3.96	41.58	41.58	9.31	0.26	160.30	migdale nuca de cocos samburi fragmente de samburi	Corector aciditate: E330 (acid citric), Colorant E127 (eritrozina) Conservanti: E202 (sorbat de potasiu), E220 (benzoat de sodiu)
SALATA DE FRUCTE	mar, kiwi, banana, portocala, zahar pudra, apa de flori	200	0.48	0.00	27.25	0.00	1.41	0.00	107.40		
FRESH AYRAN LIMONADA FRAPPE	Ingrediente	Portie ml	Lipide g	Acizi grasi saturati g	Glucide g	Zaharuri g	Proteine g	Sare g	Valoare-KCAL energetica	Alergeni	Aditivi alimentari
FRESH PROASPAT PORTOCALE	FRESH 100% PORTOCALE	330	0.33		33.66		3.63	0.03	141.00		
FRESH PROASPAT PORTOCALE	FRESH 100% PORTOCALE	500	0.50		51.00		5.50	0.05	213.50		
FRESH PROASPAT PORTOCALE	FRESH 100% PORTOCALE	1000	1.00		102.00		11.00	0.10	427.00		
FRESH PROASPAT PORTOCALE	FRESH 100% PORTOCALE	2000	2.00		204.00		22.00	0.20	854.00		
FRESH PROASPAT RODIE	FRESH 100% RODIE	330	3.86		61.71		5.51		274.00		
FRESH PROASPAT RODIE	FRESH 100% RODIE	500	5.85		93.50		8.35		415.00		
FRESH PROASPAT RODIE	FRESH 100% RODIE	1000	11.70		187.00		16.70		830.00		

FRESH PROASPAT GRAPEFRUITS	FRESH 100% GRAPEFRUITS	330	0.33		26.66		2.08		105.60	
FRESH PROASPAT GRAPEFRUITS	FRESH 100% GRAPEFRUITS	500	0.50		40.40		3.15		160.00	
FRESH PROASPAT GRAPEFRUITS	FRESH 100% GRAPEFRUITS	1000	1.00		80.80		6.30		320.00	
FRESH PROASPAT MERE	FRESH 100% MERE	330	0.56		45.57	0.00	0.86		171.60	
FRESH PROASPAT MERE	FRESH 100% MERE	500	0.85		69.05	0.00	1.30		260.00	
FRESH PROASPAT MERE	FRESH 100% MERE	1000	1.70		138.10	0.00	2.60		520.00	
FRESH PROASPAT MORCOVI	FRESH 100% MORCOVI	330	1.16		33.99	0.00	3.10		148.50	
FRESH PROASPAT MORCOVI	FRESH 100% MORCOVI	500	1.75		51.50	0.00	4.70		225.00	
FRESH PROASPAT MORCOVI	FRESH 100% MORCOVI	1000	3.50		103.00	0.00	9.40		450.00	
AYRAN	iaurt, apa, sare	330	5.40	3.40	6.60	6.60	6.60	5.20	104.00	lactoza
AYRAN	iaurt, apa, sare	500	8.18	5.15	10.00	10.00	10.00	7.88	157.58	lactoza
AYRAN	iaurt, apa, sare	1000	16.36	10.30	20.00	20.00	20.00	15.76	315.15	lactoza
LIMONADA CU LAMAIE	apa, suc de lamaie, cub gheata	330	0.39		12.09		3.25	1.43	37.70	
LIMONADA CU LAMAIE	apa, suc de lamaie, cub gheata	500	0.59		18.32		4.92	2.17	57.12	
LIMONADA CU LAMAIE	apa, suc de lamaie, cub gheata	1000	1.18		36.64		9.84	4.34	114.24	
LIMONADA CU LAMAIE	apa, suc de lamaie, cub gheata	2000	2.36		73.28	19.68	8.68		228.48	

LIMONADA CU MENTA	apa, suc de lamaie, menta, cub gheata	330	0.36	11.16	3.00	1.32		34.80	
LIMONADA CU MENTA	apa, suc de lamaie, menta, cub gheata	500	0.55	16.91	4.55	2.00		52.73	
LIMONADA CU CAPSUNI	apa, suc de lamaie, sirop de capsune, cub gheata	330	0.42	34.86	28.06	1.10	0.01	134.00	Corector aciditate: E330 (acid citric), E331 (citrat de sodiu) Conservanti: E202 (sorbit de potasiu), Arome naturale, Agenti de conservare naturali
LIMONADA CU CAPSUNI	apa, suc de lamaie, sirop de capsune, cub gheata apa, suc de lamaie, sirop de capsune, cub gheata	500	0.64	52.82	42.52	1.67	0.01	203.03	Corector aciditate: E330 (acid citric), E331 (citrat de sodiu) Conservanti: E202 (sorbit de potasiu), Arome naturale, Agenti de conservare naturali
LIMONADA CU BANANE	apa, suc de lamaie, sirop de banane, cub gheata	330	0.42	34.86	28.06	1.10	0.01	134.00	Corector aciditate: E330 (acid citric), E331 (citrat de sodiu) Conservanti: E202 (sorbit de potasiu), Arome naturale, Agenti de conservare naturali
LIMONADA CU BANANE	apa, suc de lamaie, sirop de banane, cub gheata	500	0.64	52.82	42.52	1.67	0.01	203.03	Corector aciditate: E330 (acid citric), E331 (citrat de sodiu) Conservanti: E202 (sorbit de potasiu), Arome naturale, Agenti de conservare naturali
LIMONADA CU MANGO	apa, suc de lamaie, sirop de mango, cub gheata	330	0.42	34.86	28.06	1.10	0.01	134.00	Corector aciditate: E330 (acid citric), E331 (citrat de sodiu) Conservanti: E202 (sorbit de potasiu), Arome naturale, Agenti de conservare naturali
LIMONADA CU MANGO	apa, suc de lamaie, sirop de mango, cub gheata apa, suc de lamaie, sirop de banane, cub gheata	500	0.64	52.82	42.52	1.67	0.01	203.03	Corector aciditate: E330 (acid citric), E331 (citrat de sodiu) Conservanti: E202 (sorbit de potasiu), Arome naturale, Agenti de conservare naturali

LIMONADA CU FRUCTUL PASIUNII	apa, suc de lamaie, sirop de fructul pasiunii, cub gheata	330	0.42	0.00	34.86	28.06	1.10	0.01	134.00	Corector aciditate: E330 (acid citric), E331 (citrat de sodiu) Conservanti: E202 (sorbit de potasiu), Arome naturale, Agenti de conservare naturali
LIMONADA CU FRUCTUL PASIUNII	apa, suc de lamaie, sirop de fructul pasiunii, cub gheata	500	0.64		52.82	42.52	1.67	0.01	203.03	Corector aciditate: E330 (acid citric), E331 (citrat de sodiu) Conservanti: E202 (sorbit de potasiu), Arome naturale, Agenti de conservare naturali
LIMONADA CU CIRESE	apa, suc de lamaie, sirop de cirese, cub gheata	330	0.42		34.86	28.06	1.10	0.01	134.00	Corector aciditate: E330 (acid citric), E331 (citrat de sodiu) Conservanti: E202 (sorbit de potasiu), Arome naturale, Agenti de conservare naturali
LIMONADA CU CIRESE	apa, suc de lamaie, sirop de cirese, cub gheata apa, suc de lamaie, sirop de fructul pasiunii, cub gheata	500	0.64		52.82	42.52	1.67	0.01	203.03	Corector aciditate: E330 (acid citric), E331 (citrat de sodiu) Conservanti: E202 (sorbit de potasiu), Arome naturale, Agenti de conservare naturali
LIMONADA CU AFINE	apa, suc de lamaie, sirop de afine, cub gheata	330	0.42		34.86	28.06	1.10	0.01	134.00	Corector aciditate: E330 (acid citric), E331 (citrat de sodiu) Conservanti: E202 (sorbit de potasiu), Arome naturale, Agenti de conservare naturali
LIMONADA CU AFINE	apa, suc de lamaie, sirop de afine, cub gheata	500	0.64		52.82	42.52	1.67	0.01	203.03	Corector aciditate: E330 (acid citric), E331 (citrat de sodiu) Conservanti: E202 (sorbit de potasiu), Arome naturale, Agenti de conservare naturali
FRAPPE	lapte, ness, frisca lichida, inghetata, topping, frisca décor, cuburi gheata-buc	300	5.20	3.12	12.48	12.48	7.80	0.29	127.40	lactoza

ALTE PREPARATE	Ingrediente	Portie g	Lipide g	Acizi grasi saturati g	Glucide g	Zaharuri g	Proteine g	Sare g	KCAL-Valoare energetica	Alergeni	Aditivi alimentari
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**MURATURI
MIXT IN SARAMURA**

**VARZA, CASTRAVETI, MORCOVI,
ROSII, ARDFEI, CONOPIDA,
USTUROI, SARE, APA**

125 0.13

2.90

0.18

6.14

18.00

Corector aciditate: E330 (acid citric),
E260 (acid acetic), Antioxidant: E300
(acid ascorbic)
Stabilizatori: E202 (sorbat de potasiu),
E211 (benzoat de sodiu), E223
(metabisulfid de sodiu), E509 (clorura
de calciu)